



BIGGIN HILL PRIMARY ACADEMY

MENU ONE W/C 4th November, 18th November, 2nd December, 16th December, 6th January
20th January, 3rd February, 24th February, 9th March, 23rd March

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Sausages with Gravy Creamed Potatoes Seasonal Vegetables <i>Allergens: 2,4,7,13,14</i>	Beef Burger in a Roll Savoury Wedges Seasonal Vegetables <i>Allergens: 2,13</i>	Chicken Curry with Boiled Rice Diced Potatoes Seasonal Vegetables <i>Allergens: 2,7</i>	Meat and Potato Pie Yorkshire Pudding Seasonal Vegetables <i>Allergens: 2,4</i>	Battered Fish/Fish Cake and Chips Seasonal Vegetables <i>Allergens: 2,5,9,13</i>
OPTION 2	Vegetarian Sausages with Gravy (V) Creamed Potatoes Seasonal Vegetables <i>Allergens: 2,4,7,13,14</i>	Cheese Butteries (V) Savoury Wedges Seasonal Vegetables <i>Allergens: 2,4,7</i>	Tomato Pasta (V) Diced Potatoes Seasonal Vegetables <i>Allergens: 2</i>	Curried Vegetable Pasty (V) Roast Potatoes Seasonal Vegetables <i>Allergens: 2,4,7</i>	Cheese and Onion Quiche (V) Chips Seasonal Vegetables <i>Allergens: 2,4,7</i>
DESSERT	Rice Pudding <i>Allergens: 7</i>	Shortcake <i>Allergens: 2,4,7</i>	Chocolate Crunch with Custard <i>Allergens: 2,4,7</i>	Ice Cream <i>Allergens: 7</i>	Assorted Cakes, Buns and Biscuits <i>Allergens: 2,4,7</i>
CHOICE OF DRINKS	Milk / Water				
AVAILABLE DAILY	Assorted Filled Rolls and Wraps of Tuna Mayonnaise, Cheese, Turkey and Ham served with Salad (<i>Allergens: 2,4,5,7,9</i>) Filled Jacket Potatoes served with Salad / Seasonal Vegetables (<i>Allergens: 2,4,5,7,9</i>) Home-made Bread (<i>Allergens: 2,4,7</i>), Fresh Salad Bar, Fresh Fruit Platter and Assorted Yoghurts (<i>Allergens: 7</i>)				



1
Celery



2
Cereals containing gluten



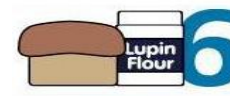
3
Crustaceans



4
Eggs



5
Fish



6
Lupin



7
Milk



8
Molluscs



9
Mustard



10
Nuts



11
Peanuts



12
Sesame seeds



13
Soya



14
Sulphur dioxide
(sometimes known
as sulphites)